

Terms and Conditions

Information about us:

www.amchara.com is a site operated by Anamchara Retreats Ltd and Amchara Ltd (“we” or “us”). We offer residential health retreats, online consultations and functional medicine tests.

Amchara Ltd is a Maltese registered company under company number C68523 and have our registered office at Villagg Ta Sbejha, Mongur Street, Gharb, GRB1520, Gozo, Malta which is our main trading address in Malta.

Anamchara Retreats Ltd is registered in England and Wales under company number 07541219 and have our registered office at 4th Floor 36 Spital Square, London, England, E1 6DY United Kingdom. Our main trading address is Bindon House, Langford Budville, Wellington, Somerset TA21 0RU.

Bookings:

For residential retreat bookings over the phone please contact us by phone or email to check availability on your required dates or for any enquiries regarding your booking.

For online consultations bookings and to order functional medicine tests please contact us via email or telephone.

Bookings for the UK retreat are contracted with Anamchara Retreats Ltd a UK incorporated company. Bookings with the Malta retreat are contracted with Amchara Ltd a Maltese incorporated company.

A deposit of £400 must be paid to secure your booking. The remainder balance must be received 8 weeks prior to the retreat start date. Bookings made within 8 weeks of the retreat start date must be paid in full.

For bookings online only available dates are bookable, full payment is taken immediately at the time of booking.

For online consultations and functional medicine tests full payment is taken at the time of booking.

When you book with us you understand and accept these terms and conditions

Payments:

Payments are made through Stripe by debit or credit card either over the phone, online or through our secure payment portal.

Cards accepted are Visa, Mastercard, Maestro & Amex, credit or debit.

Accommodation:

In the UK all bedrooms are en-suite. Bedrooms maybe single occupancy or may be shared by a maximum of 2 people

In Malta all apartments are en-suite. Apartments maybe single occupancy or shared by a maximum of 2 people.

For separate individuals who wish to share we can organise the person you are sharing with, we ensure that this is someone of the same gender and we do our best to make sure that this is someone of similar age though we cannot guarantee this.

Cancellation & Refunds:

If you wish to cancel your retreat then you must confirm this in writing.

Once your booking is confirmed, you have 24 hours to cancel your booking and receive a full refund.

After this the following conditions will apply,

For any cancellations 90 days before the start day of your retreat, you will receive a full refund minus a 10% admin charge.

If you cancel between 57-89 days prior to the start day of your retreat a 50% refund will be provided.

If you cancel between 0-56 days then no refund is provided.

Should you leave the retreat early for any reason no refund will be provided.

Amchara is an alcohol free zone and we have a zero tolerance policy to clients drinking alcohol whilst in residence at Amchara. Anybody found with alcohol or deemed to be under the influence of alcohol (or illegal narcotics) at Amchara will be required to leave immediately with no refund.

Amchara operates a zero-tolerance policy towards abuse of staff or other clients. Any clients abusing any staff members or negatively impacting on any other clients during their stay with Amchara will be asked to leave immediately with no refund.

If you wish to cancel your consultation or order of your functional medicine tests this must be done before the consultation or/and before we order the functional medicine test. Once we have ordered the test or/and booked the consultation there is no refund

Medical Disclaimer:

Please read our Contra-Indications to Juice Fasting & Colonics before booking your retreat. You must inform Amchara of any pre-existing medical conditions or contra-indications at the time of booking. You must also disclose all pre-existing medical conditions and contra-indications on the Confidential Health Questionnaire which will be sent to you in your information pack after booking your retreat.

Amchara management may feel it is necessary to contact you to discuss any part of the detox program including participation in classes and treatments prior to your arrival.

If you are undergoing any form of Physiotherapy treatment, Osteopathy or Chiropractic treatment we recommend you seek clearance from your practitioner regarding participation in any of the classes or treatments.

We recommend that you seek advice from your doctor if you have any concerns regarding any part of our detox program such as Juice Fasting, Colonics, classes or treatments.

If you are on any form of medication you should seek advice from your doctor as to whether our detox program is contra-indicated and to ensure our program is safe for you to participate in. You are fully responsible for your own health during your stay with us including participation in any classes or treatments.

Amchara cannot be held responsible for any health issues that arise as a result of any possible contra-indications that have not been disclosed prior to arrival on the retreat.

All the information on this website is based on our own research and knowledge. The information provided by us on our website should not be construed as medical advice and we do not accept any responsibility for any consequence that occurs from the usage of this site or its services.

Amchara do not claim to diagnose or cure any existing medical treatment.

However many clients do attend Amchara with medical and health conditions and their treatments and experience at Amchara helps them to self-heal from certain conditions.

Many people attend detox centres to deal with physical symptoms such as, arthritis, candida, IBS, diabetes, asthma, fibromyalgia, digestive issues, fatigue, migraines, headaches, skin problems obesity, addictions, compulsive eating, eating disorders, haemorrhoids, high cholesterol, adrenal fatigue, insomnia, detoxification, depression, anxiety, severe stress, low self esteem, low self confidence, ME/CFS, remission, parasites – fibroids and other health conditions.

Protecting Your Privacy:

Your personal information and data will never be sold or passed onto any third party though your private health records may be shared with appropriate therapists, nurses or doctors when we deem it either necessary or appropriate for your benefit and for best practice.

Travel Insurance/Health Insurance:

We recommend that you purchase travel insurance in case you need to cancel your booking due to circumstances beyond your control such as

sickness, or death of a family member, or changes in travel arrangements made by yourself or a travel company, or any other circumstance that may require you to cancel your retreat.

N.B. Amchara reserves the right to change details of the programme/schedule or change therapists or any other details should circumstances necessitate it.

[Find out more about payments via Stripe here.](#)